

# Michigan State University 2009 Women's Lacrosse Camp

"Becoming an All-Around Player"

August 1, 2009 9:00 am - 3:00 pm  
Ralph Young Field, Michigan State University

7<sup>th</sup> - 12<sup>th</sup> Grade

MSU Head Coach Sara Tisdale & current MSU players invite you to  
Join them for a day in learning how to become an "all-around" team player!

Registration before July 6<sup>th</sup>: \$65

After July 6<sup>th</sup>: \$80

Limited to 80 girls

### Provided

Sack lunch

Water

Snacks

### You need to bring

Mouth Guard

Stick

Eye Protection

Cool & comfortable clothes

Tennis shoes or field turf shoes

Participants will receive an MSU Lacrosse T-shirt &  
be entered into a lunchtime drawing for other MSU Lacrosse swag!

**Questions:** Contact Coach Tisdale, [Tisdale@glps.k12.mi.us](mailto:Tisdale@glps.k12.mi.us)

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### Registration Form

Player Name: \_\_\_\_\_ Grade: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ Years of experience: \_\_\_\_\_

Rating (1-5, 1 = need a lot of improvement, 5 = varsity starter): \_\_\_\_\_

Parent Name: \_\_\_\_\_ Parent Cell: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Mail registration, liability form & check made out to MSU Women's Lacrosse to:

MSU Women's Lacrosse

1259 Runaway Bay Drive 1A

Lansing MI 48917

